

Living Boldly

News and notes brought to you by the
DC Department of Aging and Community Living

Volume 1 Issue 4 A Newsletter for D.C. Seniors August 2021



DIRECTOR'S MESSAGE

*By Laura Newland, Director
D.C. Department of Aging
and Community Living*

The Mayor ended the public health emergency on July 25th! It's been such a long road for all of us, and thanks to your tremendous sacrifices, DC is OPEN. We officially opened all our wellness centers in June and opened most of our dining sites in July.

I'm so proud of how we've been able to keep connected during the public health emergency whether virtually, or through socially distanced, masked drive-up celebrations, and I'm so excited that I can see you in person for hugs, fist bumps, and lots of smiles. This past year and a half has taught me so much, but the most enduring lesson is that we need each other. Humans are profoundly social beings, meant to live in community, to love and to care for each other.

I'm so grateful to be a part of this community. Thank you for sticking with us through these difficult 17 months, thank you for getting vaccinated, and most of all, thank you for keeping your connections with your friends and neighbors strong. If you've lost contact with some of your loved ones, now is a great time to reach out to them, invite them along to one of our dining sites, or activities, or bring them into our senior wellness centers. Give us a call at 202-724-5626 to learn more about activities you can join together.

While we've been able to stay connected with you, there are so many older adults who may not be connected to our programs. DACL, our sister agencies, and our community partners are ramping up our outreach. But it takes an entire community to reach our residents who may be isolated and alone. My charge to you as we get back to in-person engagement is to help us reach those who need connection the most. Tell a friend or two about the incredible programs we have available throughout the city. Whether it's a hula hoop class, a competitive game of Bingo, or an outdoor cardio class—we have something for everyone! Activities, great lunches, and friends are waiting for you!

If you started receiving frozen meals during the public health emergency, you should have gotten a letter with one of your deliveries. We're celebrating the end of the public health emergency, and if you no longer need your meal deliveries, just give us call at 202-724-5626.

We're ready for you and excited to see you in person, but we're also continuing virtual programming (check out our virtual events site at daclvirtualevents.splashthat.com). No matter how you stay connected, just stay connected!

See you soon!

NEED HELP PAYING YOUR RENT?
MAYOR BOWSER HAS YOUR BACK!

STAY DC

RENT AND UTILITIES WHEN YOU NEED IT

STAY DC is a financial assistance program for D.C. renters and housing providers who are looking for support to cover housing and utility expenses and offset the loss of income.

Apply today to receive money you can use to help you pay for your rent, gas, water, and electricity.

Housing providers may also initiate an application.

A strong recovery starts with ensuring everyone in our community has safe and stable housing.
— Mayor Muriel Bowser

Apply: STAY.DC.GOV

Questions about the program? Call 833-4-STAYDC or 833-478-2932

STAY DC | | GOVERNMENT OF THE DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

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Help Us Find Our Rosies!



The American Rosie Movement (ARM) is looking for Rosies in Washington, DC.

Rosies were not just "Riveters" – they contributed to World War II in many ways, leaving a lasting impact on our country.

If you or someone you know is at least 92 years old and contributed to our country's WWII efforts, please contact dacl.communications@dc.gov.



GOVERNMENT OF THE
DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

Mayor's Office of Lesbian, Gay, Bisexual, Transgender and Questioning Affairs DC Housing Older People Efficiently Program



HOUSING VOUCHERS FOR LGBTQ SENIORS

THE MAYOR'S OFFICE OF LGBTQ AFFAIRS IS LOOKING FOR HOMELESS OR UNSTABLY-HOUSED LGBTQ SENIORS AGED 62 YEARS OR OLDER* TO CONNECT THEM WITH HOUSING RESOURCES.

Individuals, couples, and those with live-in aides are encouraged to apply.

*Other restrictions and requirements apply.

For more information or to schedule an appointment,

please contact: **LeAndrea Gilliam** at 202-727-7149 or email leandrea.gilliam@dc.gov.



GOVERNMENT OF THE
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MURIEL BOWSER, MAYOR

Last Chance – Sign up for the 4TH ANNUAL BRAIN GAMES!

JOIN A TEAM AND REPRESENT YOUR WARD!

Join the Department of Aging and Community Living for our 4th Annual Brain Games, a city-wide trivia competition for District seniors that promotes brain health.

Brain Games will take place from August 11-18, 2021

WARD 1, 2, 4 - TERRIFIC: (202) 387-9000

WARD 3 - IONA: (202) 895-9448

WARD 5 - SEABURY: (202) 529-8701

WARD 6 - SEABURY (202) 397-1725

WARD 7 - ERFSC: (202) 534-4880

WARD 8 - ERFSC: (202) 562-6860

CONTACT YOUR LEAD AGENCY TO REGISTER
Registration begins May 24 and ends August 6, 2021



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How do you
like our
new look?